

**DATUM : 14 april 2013      VERENIGING : GAC      PLAATS : Hilversum      WEDSTRIJD : 1° competitie B junioren**

| NAAM                 | ESTAFETTE<br>4 x 100 m | SPRINT   |       | HORDEN<br>100 m | LOPEN<br>800 m | HOOG    | VER     | KOGEL<br>3 kg | DISCUS<br>1 kg | SPEER<br>500 gr | PUNTEN<br>+ PLAATS |
|----------------------|------------------------|----------|-------|-----------------|----------------|---------|---------|---------------|----------------|-----------------|--------------------|
|                      |                        | 100 m    | 400 m |                 |                |         |         |               |                |                 |                    |
| Renee v. Rookhuizen  | 52.03                  |          |       |                 |                |         | 5.14 pr |               |                |                 |                    |
| Iris Schlundt Bodien | 52.03                  |          |       | 17.33           |                |         |         |               |                | 24.82 pr        | 6479               |
| Ilona Poel           | 52.03                  | 13.52 pr | 64.44 |                 |                |         |         |               |                |                 | 2°                 |
| Nikki Kraaijeveld    | 52.03                  |          |       |                 |                | 1.50 pr | 4.79    |               |                |                 |                    |
| Lisanne Glorie       |                        | 13.60    | 61.78 |                 |                |         |         |               |                |                 |                    |
| Amy Vermeer          |                        |          |       | 16.11 pr        |                |         |         | 10.22 pr      | 23.21 pr       |                 |                    |
| Demi van Noort       |                        |          |       |                 |                |         |         | 8.89 pr       | 22.53          | 36.57           |                    |
| Mariska Poel         |                        |          |       |                 | 2.26.22        | 1.35    |         |               |                |                 |                    |
| Iris van der Plas    |                        |          |       |                 | 2.33.03        |         |         |               |                |                 |                    |

| NAAM               | ESTAFETTE<br>4 x 100 m | SPRINT |          | HORDEN<br>110 m | LOPEN      |            | HOOG    | POLSTOK-<br>HOOG | VER     | H.S.S. |
|--------------------|------------------------|--------|----------|-----------------|------------|------------|---------|------------------|---------|--------|
|                    |                        | 100 m  | 400 m    |                 | 800 m      | 1500 m     |         |                  |         |        |
| Hans den Boer      | 51.70                  |        |          | 18.28           |            | 5.07.73    |         |                  |         |        |
| Jordy Klufft       | 51.70                  | 12.50  | 56.82 pr |                 |            |            |         |                  |         |        |
| Lars Mensink       | 51.70                  |        | 63.34 pr | 20.99 pr        |            |            |         |                  |         |        |
| Vyron Saridin      | 51.70                  |        |          |                 |            |            |         |                  |         | 8.85   |
| Koert Remijn       |                        | 12.90  |          |                 |            |            |         |                  | 5.32    |        |
| Alexander Soethout |                        |        |          |                 |            |            | 1.65 pr | 2.80 pr          |         |        |
| Davis Hagedoorn    |                        |        |          |                 |            |            | 1.50    |                  |         |        |
| Stan Niesten       |                        |        |          |                 | 2.03.40 pr |            |         |                  |         |        |
| Sean Tuinstra      |                        |        |          |                 |            | 5.40.53 pr |         |                  | 4.59 pr |        |

| NAAM           | KOGEL<br>5 kg | DISCUS<br>1,5 kg | SPEER<br>700 gr | PUNTEN<br>+ PLAATS |
|----------------|---------------|------------------|-----------------|--------------------|
| Tom Visser     | 8.02 pr       |                  | 28.63 pr        |                    |
| Jens Kalshoven | 7.16          |                  | 20.45 pr        | 5600               |
| Sean Tuinstra  |               | 22.67            |                 | 7°                 |
| Vyron Saridin  |               | ----             |                 |                    |